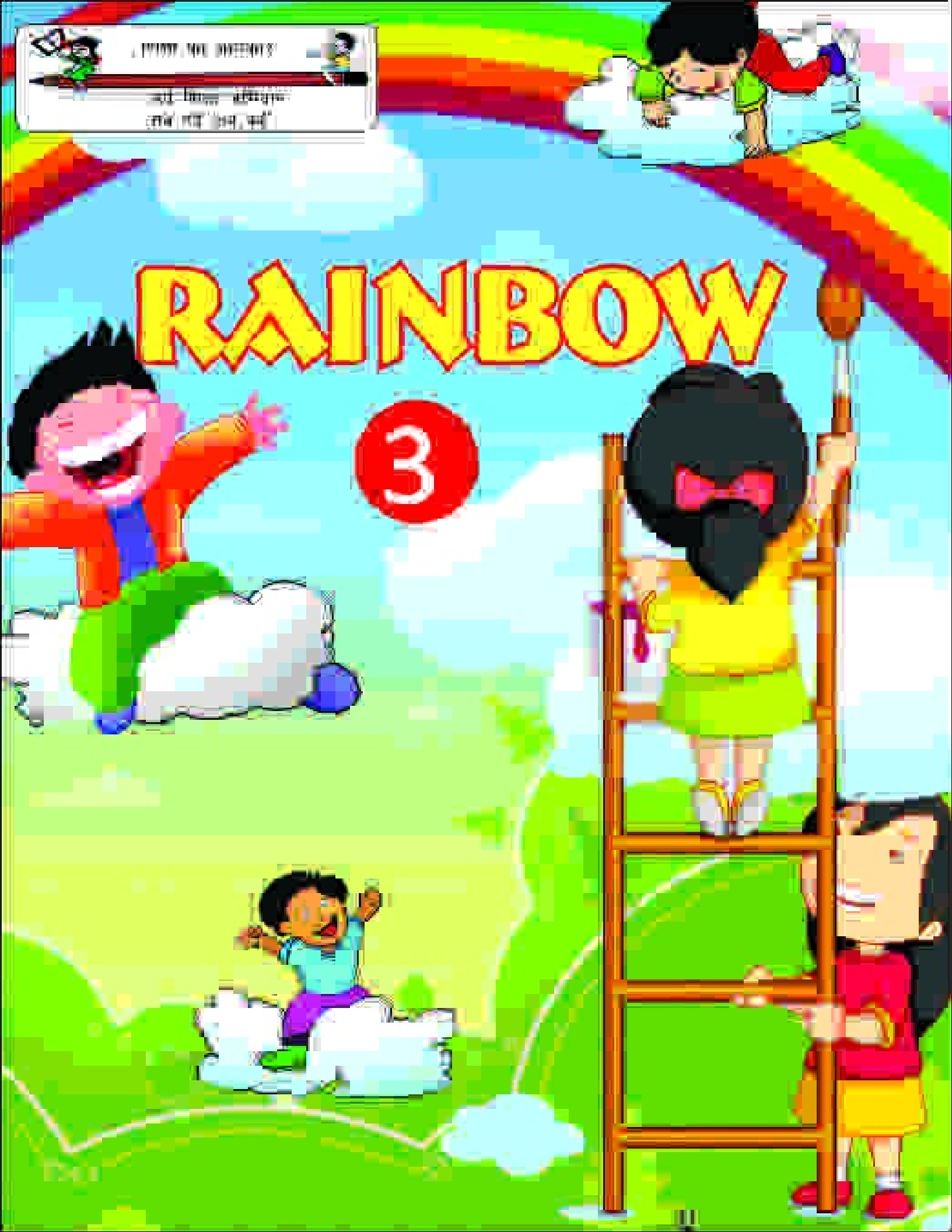
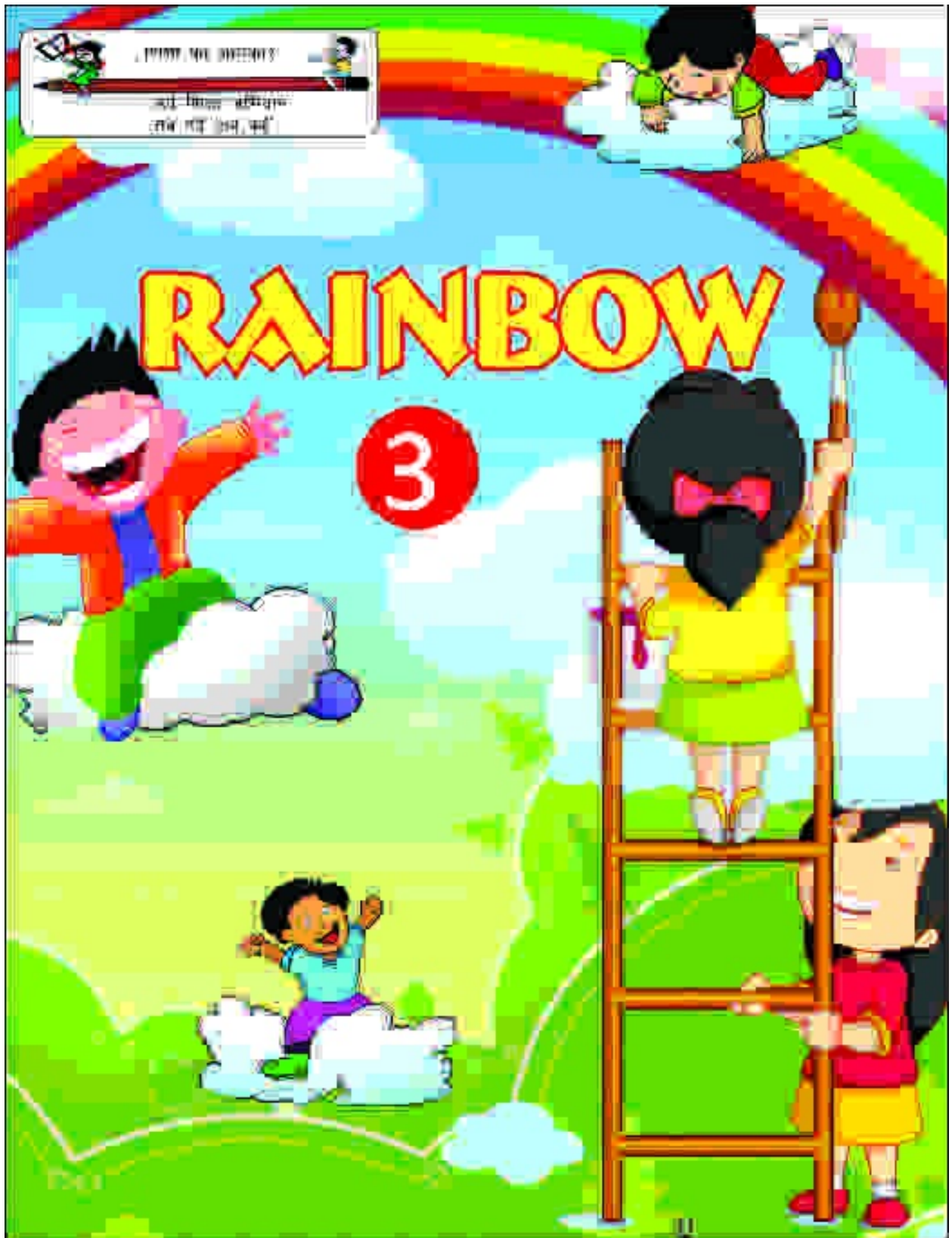


RAINBOW

3



प्रयोग, मूल अवधारणा
आदि विषयों पर विद्यार्थियों
को प्रेरित करने के लिए



Let's Revise

Let's Revise

Capital Alphabet :

A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Small Alphabet

a b c d e f g h i

j k l m n o p q r

s t u v w x y z

Vowel

a e i o u

Consonant

b	c	d	f	g	h		
j	k	l	m	n	p	q	r
s	t	v	w	x	y	z	

Scanned by CamScanner



Let's Practice



Write the letter in the given space:

a a b b c c d d

e e f g h

i j k l

m n o p

q r s t

u v w x

y z



I Love Colours



Enjoy the Poem

I Love colours,
Yes, I do !

Red and Orange,
Green and Blue.



I love colours,
Dark and Bright,



Yellow and Purple,
Black and White.

Fill in the blanks with missing letters to find the names of the colours :

1. bl _ _ k

2. b _ ue

3. y _ ll _ w

4. p _ _ p _ e

5. r _ d

6. w _ lt _

Read for fun :

A white hen had two chicks. One yellow chick and one red chick. The red chick loved red things. The yellow chick loved yellow things.



One day, the red chick saw a chili.
It was red. He ate it up.

It was very hot.

He cried, "It is hot!"

The yellow chick ran.

He got a yellow laddu for the red chick.

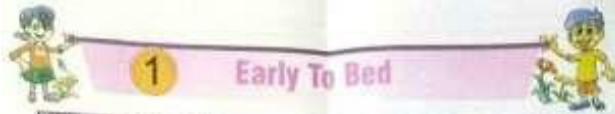
The red chick ate the laddu.

He was happy now.



Lesson-1 Early To Bed





Early to bed
And early to rise,
Makes a man healthy
Wealthy and wise.

Let's do exercises:



Just Move

Fun time :



Move right, move left,
Move fast, move slow,
And say "How are you ?"



Run front, run back,
Run right, run left,
And say "I'm fine".



Bend your knee to the right,
Bend your knee to the left,
And say "What do you like?"



Jump high, jump low,
Jump fast, jump slow,
And say "This is what we like".





SOUND - I



Let's say :



mat



cap



van



tap



man



cat

Read aloud :

an	→	fan	van	man	pan
ap	→	cap	tap	map	lap
at	→	bat	cat	hat	rat

Now we Sing :



Sam is a man.
He has a van.
The van has a fan.

I am a rat.
I have a hat.
I sat on a mat.

Look and read:

(1) A cat sat on the mat.



(2) The man is in the van.



(3) A rat is on the bat.



Match the words of list 'A' with the same sounding words of list 'B'.

List A

fan

tap

bag

bat

List B

rat

van

cap

tag

Fill in the blanks (man, fan, rat, sat):

1. Sam is a _____.

3. I am a _____.

2. The van has a _____.

4. I _____ on a mat.

Make a correct word from the jumbled letters given below:

nav _____

nfa _____

atm _____



sta _____

nma _____

pat _____

Lesson-2 Tea Pot







2 **Tea Pot**

I am a little tea pot,
Short and stout;
This is my handle,
And this is my spout.

When the water's boiling,
Hear me shout;
"Just lift me up
And pour me out."






New Words

teapot	— केतली	spout	— टौटी
stout	— मजबूत	shout	— चिल्लाना
lift	— उठाना	pour	— उड़ेलना

Fill in the blanks and colour the tea pot:

1. I am a _____ tea pot.
2. This is _____ handle.
3. And this is _____ spout.
4. Hear _____ shout.





SOUND - II & III



Let's say :



pen



hen



den



jet



egg



net

Read aloud:

ed	→	bed	red	fed
en	→	ten	men	pen
et	→	pet	wet	set

Now we sing :

Hickety Pickety my black hen
She lays eggs for gentlemen
Sometimes nine, sometimes ten.



Look at the pictures and write their names :



b _ d

10

t _ n



e _ g



p _ n



pin



tin



bin



nib



sit



kid

Read aloud :

in	→	tin	pin	fin
it	→	sit	hit	bit
ig	→	pig	big	fig

Now we sing : Sid is a kid,
 He has a tin.
 A pin is on the tin.



Pick out the similar sounding words from the box and write them in the correct column.

tin	fit	bit	dig	fin	big	hit	pig	bin	fig	pin	sit
in				it				ig			

Lesson-3 Ding Dong Bell



3 Ding, Dong, Bell

Ding, dong, bell!
Pussy's in the well.
Who put her in ?
Little Tommy thin.
Who pulled her out ?
Little Tommy stout.
What a naughty boy was that
To drown poor pussy cat!



New words:

well	— कुवो	thin	— पतला
stout	— मजबूत	pulled	— खींचना
naughty	— नटखट	drown	— डुबाना

Pick out rhyming words from the poem :

bell — well
in —
out —
that —

Colour it :



SOUND - IV & V

Let's say :



dog



log



boy



mop



pot



top

Read aloud :

og	→	dog	log	fog
oy	→	boy	joy	toy
op	→	hop	mop	top

Now we sing :

Tom is a boy.
He has a dog.
It is a pet dog.



To the teacher : Make the children practice to say each word clearly and loudly.



sun



jug



bun



mug



pup



tub

Read aloud :

un	→	sun	bun	fun
ub	→	cub	rub	tub
ut	→	but	cut	nut

Now we sing :

This is a Gup.
Gup is a pup.
He has a cup.



Pick out two words of similar sound from the box for the following words :

sun bun fun

but _____ _____

tub _____ _____

Look at the pictures, write the letter to complete the word.



m _ t



v _ n



c _ t



p _ n



j _ t



h _ n



b _ n



s _ t



k _ d



d _ g



l _ g



b _ y



s _ n



j _ g



b _ n

Lesson-4 The Basket



4 The Basket

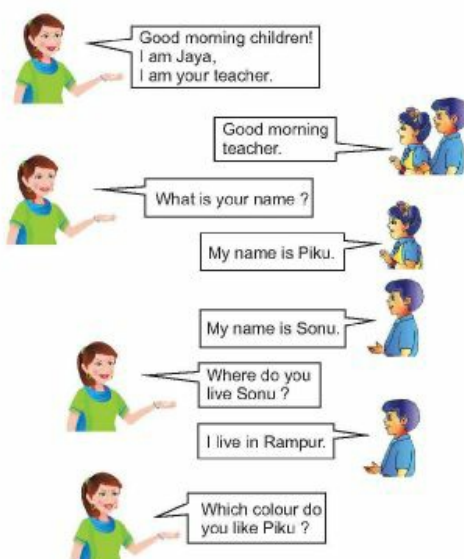
- Ritu : Hello Ravi, How are you ?
 Ravi : Fine, thank you.
 Ritu : What is in your hand ?
 Ravi : A vegetable basket.
 Ritu : Is that your basket ?
 Ravi : Yes, It is my basket.
 Ritu : What is in the basket ?
 Ravi : There are fruits and vegetables.
 Ritu : Which fruits and vegetables are there in the basket ?
 Ravi : Apples, Tomatoes, Grapes, Peas, Bananas and Brinjals.



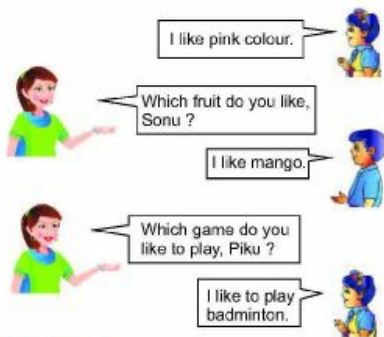
Writing Time

<p>Fruit basket</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>	<p>Vegetable basket</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>
----------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------

Let's Talk



To the teacher : Conversation based roleplay should be performed in the classroom.



Writing time :

- What is your name ?

- Where do you live ?

- Which colour do you like ?

- Which fruit do you like ?

- Which game do you like to play ?

Lesson-5 My Classroom





5


My Classroom




Hello, I am Sonu.
I study in class three.
This is my classroom.



1. This is a table. 


2. That is a black board. 


3. This is a chair. 

4. That is a fan. 

5. This is a window. 


6. That is a globe. 

7. This is a bag. 


8. That is a door. 

To the teacher : Make students practice 'this' for objects, people, places near to the speaker and 'that' for objects, people, places away from the speaker.


1. What is this ?

This is a glass. 


2. What is that ?

That is a tree. 

3. What is this ?

This is a bird. 


4. What is that ?

That is a book. 

Activity -

Read and write with this / that :


_____ is a mat. 


_____ is an orange. 


_____ is a ball. 


_____ is a bat. 

Answer these questions :

1. What is this ? 

3. What is this ? 

2. What is that ? 

4. What is that ? 

Lesson-7 My Band



6 My Band

Listen to my big drum,
bang, bang, bang.



Listen to my triangle,
tang, tang, tang.

Listen to my trumpet,
toot, toot, toot.



Listen to my tambourine,
shoo, shoo, shoo.

New words :

listen - सुनना	tambourine - डफली
trumpet - तुरली	drum - डोल

Fill in the blanks :

1. __am__our__ne

2. tr__mp__t

3. dru__

4. t__ia__gl__

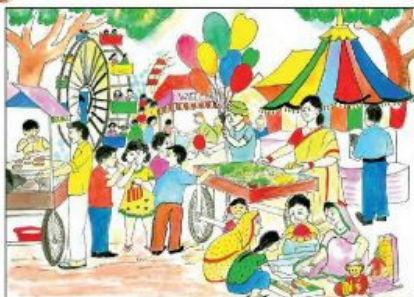
Pick out rhyming words from the poem.

Ex - bang, bang, bang

Lesson-7 The Fair



7 The Fair



Nitin and Meethi go to **the** fair with their parents. There is **a** giantwheel, and **a** circus in **the** fair. Nitin eats **a**n apple, **a**n orange and **a** banana. Meethi eats **a** lolly pop.

Nitin buys **a** bat and **a** ball. Meethi buys **a** balloon and **a** doll.

New words:



fair	- मेला	parents	- माता-पिता
giantwheel	- झूला	balloon	- गुब्बारा

Look and Read :

This is **a**n apple.

Nitin likes to eat **a**n apple.



This is **a** monkey.

The monkey likes banana.



This is **a** rat.

The rat is in **the** box.



This is **a**n umbrella.

The umbrella saves us from **the** rain.



This is **the** sun.

The sun rises in **the** east.



This is **the** Taj Mahal.

The Taj Mahal is very beautiful.



Fill in the blanks with a/an/the:

- | | | |
|----------------|--------------------|-----------------|
| 1. _____ sun | 4. _____ ox | 7. _____ engine |
| 2. _____ apple | 5. _____ Taj Mahal | 8. _____ sky |
| 3. _____ gun | 6. _____ bag | 9. _____ orange |

To the teacher : Make students practice

1. Use 'a' before words that begin with a consonant sound.
2. Use 'an' before words that begin with a vowel sound.
3. 'The' is used before specific words/ things.

Lesson-8 Let's Do Some Actions



8 Let's Do Some Actions



Pinki : Hello! Namaste aunty.

Aunty : Namaste.

Pinki : I am Pinki, Ritu's friend.

Aunty : How are you Pinki?

Pinki : I am fine. Thank you.

: May I talk to Ritu ?

Aunty : Yes.

Ritu : Hello! Pinki.

Pinki : What are you doing in this vacation?

Ritu : I am going to join karate classes.

Pinki : Ok, bye.



1. Ravi is eating.



4. Sonu is running.



2. Riya is reading.



5. Meethi is swimming.



3. Ritu is walking.



6. Aman is skipping.



To the teacher : Help the children learn to use 'ing'.

Rainbow-3

34

New words:

fine - अच्छा

walking - टहल रहा

swimming - तैर रहा

skipping - कूद रहा

Time to speak :

Let's see :

What do Zakir and Saba do on Sunday ?



What do you do on Sunday ?

35

Rainbow-3

Fun time :

She is walking; walking all the day,

She is walking; walking far away.

He is running; running all the day,

He is running; running far away.

She is swimming; swimming all the day,

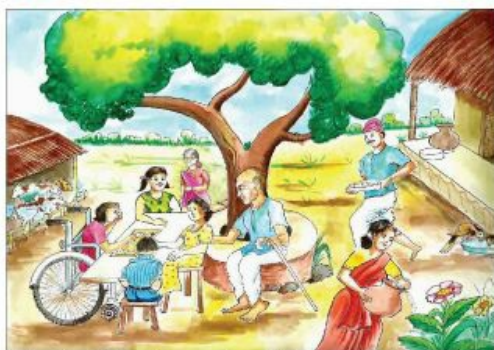
She is swimming; swimming far away.



Lesson-9 Let's Play Together



9 Let's Play Together



Here is a picture. There are four children in it. Seema is playing ludo with her friends. Her grand mother and grand father are watching the game.

Her mother is watering the plants. Her father is bringing food for them. All of them are enjoying.

New words :

playing - खेल रहा	bringing - ला रहा
watching - देख रहा	watering - पानी दे रहा

To the teacher : We use 'he' and 'his' for male gender and 'she' and 'her' for female gender.

Answer the questions :

1. How many children are there in this picture ?
2. What are the children doing ?
3. Who is bringing food for them ?
4. What is her mother doing ?

Complete the sentences with the help of words given in the box : He/She, His/Her

1. This is Sarita.
_____ is a player.



2. This is Sohail.
_____ is a singer.



3. This is Sunil.
He works on _____ computer.



4. This is Madhu.
She teaches _____ brother.



Know more :

Look at the pictures to see how we use words in place of names.













Lesson-10 One And More









10 One And More

Listen, Speak and Read :

- | | |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
|  |  |
| 1. a cat | cats |
|  |  |
| 2. a rat | rats |
|  |  |
| 3. a fan | fans |
|  |  |
| 4. a book | books |
|  |  |
| 5. a mug | mugs |

Listen, Speak and Read :

- | | |
|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|  |  |
| 1. an orange | oranges |
|  |  |
| 2. a rose | roses |
|  |  |
| 3. a glass | glasses |

Let's practise :

(i) Add 's' and 'es' to the given words and learn :

- | | |
|---------|-----------|
| (a) mat | (f) box |
| (b) fan | (g) bus |
| (c) van | (h) mango |
| (d) bag | (i) glass |

To the teacher : Children learn to use one and more with the help of examples.

Lesson-11 The Jungle





11

The Jungle



One day Bittu went to the jungle with her father.



Where she saw many birds, animals and trees.

Father : Look Bittu, these are parrots.



Those are elephants.



These are deer.



Those are peacocks.



These are monkeys.



Those are zebras.



Fun to Learn :

What are these ?

These are hens.



What are those ?

Those are umbrellas.



What are these ?

These are tables.



What are those ?

Those are horses.



Fill in the blanks with these/those:

1. _____ are mugs.



4. _____ are boys.



2. _____ are oranges.



5. _____ are girls.



3. _____ are cats.



6. _____ are balls.



To the teacher : Make the students practice sentences with these/those by showing things around the children.

Lesson-12 My Home



12 My Home



This is my home.



This is my drawing room.



This is my bed room.



This is my kitchen.



This is my bath room.

Listen and Speak :



clock

television



towel

dustbin



plate

bucket



spoon

New words :

drawing room	— बैठक	clock	— घड़ी
towel	— तौलिया	dustbin	— कूड़ादान
kitchen	— रसोई	bathroom	— स्नानगृह
bucket	— बाल्टी	spoon	— चम्मच

Let's do :

Pick out the things from the box and put them in the room they are used.

soap, flowerpot, lamp, fridge, bed, bucket, T.V.
computer, cups, spoon, pillow, sofa

BED ROOM	BATH ROOM	KITCHEN	DRAWING ROOM

Colour the picture :



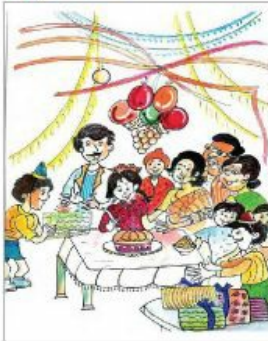
Lesson-13 Birthday Party





13

Birthday Party



Today is Sonal's birthday.
She wears a red frock on her birthday.
Her parents, teachers and friends are present in her birthday party.
Jimmi, Saba, Ankur, Rimmi and Manjeet are playing games.
Everyone is eating cakes and sweets.
All of them are enjoying the party.

New words :

wear	— पहनना	everyone	— प्रत्येक
present	— उपस्थित	enjoy	— आनन्द लेना

Fill in the blanks :

1. Today is _____ birthday.
2. She wears a _____ on her birthday.
3. Her parents, _____ and friends are present in her birthday party.

Birthday Invitation

Writing Time :

Dear _____ (friend's name).
I am celebrating my _____ (year) Birthday.
you are invited to my Birthday-party.
please come to my house on _____ (day)
at _____ (time).



My Address is _____

I will be happy to see you.
Thank you.

Activity :

You can make face mask by using some paper-plates. Follow the steps given below to make your mouse face-mask.

Step 1



Step 2



Step 3



Step 4



Lesson-14 My Village





14

My Village

I am Manjeet. I live in a village called Ram Nagar. There are many huts and some pucca houses in my village. There is a post office, a health centre and a school. There are mango, neem and peepal trees in the village. My village has a pond. Cows, bulls, buffaloes, horses, dogs and goats drink water from the pond. Some people have TV sets and mobile phones. I like to watch TV.

To the teacher : Make the student practice Enjoy/you/your.

Rainbow-3

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New words :

village	- गाँव	watching	- देख रहा
farmer	- किसान	horse	- घोड़ा
bull	- बैल	goat	- बकरी
Pond	- तालाब	pucca house	- पक्का घर

Put the tick mark in the appropriate column. One has been done for you :

Statements	True	False
Manjeet lives in a big city.	x	✓
There are no "pucca" houses in the village.		
There is a peepal tree in the village.		
Cows and goats drink water from the pond.		
Manjeet likes to watch T.V.		



49

Rainbow-3

Answer the following questions :

- (a) What is the name of your village?
- (b) Tick(✓) which places and things are found in your village:
- | | | |
|--------------------------------------|----------------------------------------|--------------------------------------|
| <input type="checkbox"/> post office | <input type="checkbox"/> health centre | <input type="checkbox"/> peepal tree |
| <input type="checkbox"/> school | <input type="checkbox"/> bus stop | <input type="checkbox"/> tractor |
- (c) Do you have a television ?

Write the names of animals as you know. If you don't know the name of animals in english, ask your teacher. One has been done for you.

deer	_____
_____	_____
_____	_____
_____	_____
_____	_____



Exercise :

This is my nose.
I smell with my nose.



That is your mouth.
You eat with your mouth.



These are my hands.
I write with my hands.



Those are your legs.
You walk with your legs.



These are my ears.
I hear with my ears.



Those are your eyes.
You see with your eyes.



Fill in the blanks with I/my/you/your :

- _____ smell with my nose.
- You write with _____ hand.
- I see with _____ eyes.
- _____ see with your eyes.
- You walk with _____ legs.
- _____ hear with your ears.

To the teacher : Point out the different parts of the body and make the children repeat their names.

Lesson-15 Where is The Rat?



15 Where Is The Rat ?

The rat is **in** the box.



The cat is **on** the mat.



The rat is **under** the chair.



The cat is **near** the tree.



The cat is sitting **between** the box and the table.



The rat is **behind** the box.



To the teacher : Help the children learn to use prepositions.

Rainbow-3

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The rat goes **under** the mat.



The boy laughs ha! ha! ha!.



Choose a suitable preposition from the box to complete the sentences. One is done for you.

between, behind, in, on, under, near

- The rat is **in** the box.
- The rat is ____ the table.
- The cat is ____ the mat.
- The cat is ____ the tree.
- The cat is sitting ____ the box and the table.
- The rat is ____ the box.

Let's do :

Arrange the given sentences in correct order.

Sentences	Correct Order
1. The rat box is the in.	_____
2. mat the on the cat is.	_____
3. the chair under the rat is.	_____
4. near the tree is cat the.	_____
5. behind the box is the rat.	_____

53

Rainbow-3

Lesson-16 On The Road



16 On The Road



Stop, says the **red** light,
Go, says the **green**,
Wait, says the **yellow**
Till the light is **green**.



Let us learn :

1. Always walk on the footpath.



2. Use the zebra-crossing while crossing the road.



3. Look at the traffic lights before crossing the road.



4. Never play on or near the road.



5. Before crossing the road, first look to the right, then to the left and again to the right. If it is clear, then cross the road.

What do the traffic-lights say to you :

1. When I turn **RED**, it means you should _____.
2. When I turn **YELLOW**, it means you should _____.
3. When I turn **GREEN**, it means you should _____.



New words :

stop — रुको go — जाओ
wait — इंतजार करो till — तब तक

Let's do :

1. Circle the words which are seen on the road-
(a) boat, aeroplane, truck, train.
(b) fish, bus, sparrow, field.
(c) scooter, cooler, hut, cycle.
2. Collect the pictures of vehicles on land, water and air and stick them in your notebook.
3. Look and fill the colour.



Red

Yellow

Green



NUMBERS

Read the following numbers :

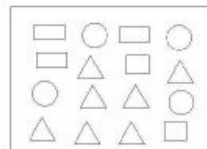
Eleven 11	Twelve 12	Thirteen 13
Fourteen 14	Fifteen 15	Sixteen 16
Seventeen 17	Eighteen 18	Nineteen 19
Twenty 20	Twenty One 21	Twenty Two 22
Twenty Three 23	Twenty Four 24	Twenty Five 25
Twenty Six 26	Twenty Seven 27	Twenty Eight 28
Twenty Nine 29	Thirty 30	

Fill in the blanks :

E _ev _n Fo _ _teen Fi _teen
 Thi _teen E _ _hteen Si _teen
 Tw _ _e T _e _ty T _enty th _ee
 Twe _ty S _x Twe _ty n _ne Th _ _ty

Count and colour :

How many circles ~.....
 How many squares ~.....
 How many triangles ~.....
 How many rectangles ~.....



Match the Following :





Eleven	20
Fifteen	22
Twenty	11
Eighteen	15
Twenty six	18
Twenty Two	26

To the teacher : Make the students practice numbers in figures and words.



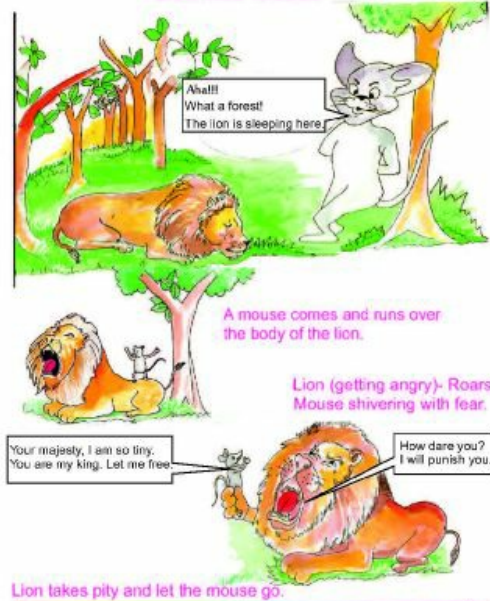
Test Yourself



- Write the name of five fruits and vegetables.
- Write with this/that -
 - is a book. 
 - is an orange. 
- Fill in the blanks -
 - tr_ _p_ _t. (c) te_ p_ _t
 - na_ g_ _t_ _ . (d) p_ _rp_ _e.
- Fill in the blanks with a/an/the -
 - sun. (c) bag.
 - apple. (d) orange.
- Complete the sentence with the help of words given in the box - (he, she, his, her)
 - This is Sonu. 
 - is a singer.
 - It is drum.
 - This is Sunita.
 - is a player. 
 - It is badminton.

Story time :

Lion And Mouse



Lion takes pity and let the mouse go.

After sometime the lion gets trapped in the net.



Mouse hears the roar and comes out.



Mouse cuts the net.



The lion thanks him. Both feel happy.

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[Lesson-16 On The Road](#)